

SHAMROCK SHAKE SMOOTHIE

Indulge in the delicious taste of the famous Shamrock smoothie without the added sugar with this delectable smoothie. Packed with healthy fats from avocado and chia seeds, this refreshing drink is perfect for those seeking a healthier alternative. While you can omit the non-dairy vanilla ice cream, it's worth treating yourself on special occasions to experience the full flavor sensation. Enjoy the perfect balance of taste and health with this guilt-free smoothie.

INGREDIENTS

1 cup ice cubes
1 cup almond milk
1/4 small avocado
1/4 cup spinach leaves
3 drops peppermint extract
1 teaspoon chia seeds
1 scoop collagen powder
2-3 drops stevia
1 scoop non-dairy vanilla ice cream
cacao nibs (optional)
whipped cream (optional)

MAKES ONE SMOOTHIE

Place all ingredients into a high-speed blender and blend until smooth.

Top with whipped cream and cacao nibs if desired.